

7 Day Yoga and Ayurveda Luxury Retreat:



Are you ready for a seasonal cleanse that will rejuvenate your body, mind, and spirit?

Join us in the beautiful mountains of Tepoztlan, Mexico (Pueblo Magico) at La Buena Vibra Retreat Center for an immersive experience in the ancestral knowledge of Ayurveda. Choose our 3-day or 7-day Detox package, which is based on the Ayurvedic Panchakarma system to cleanse and reset your body in the most holistic way.

You will be guided by Alison Evin (Certified Ayurvedic Practitioner & Coach) with daily educational classes and a personalized Ayurvedic Health Consultation to understand your body's true nature and present imbalances.

Relax and enjoy the serene nature that surrounds our center with the option to participate in yoga classes, meditations, massages, physical cleansing treatments, and more.

OCCUPANCY	PRICE	PRICE PER PERSON
SINGLE	\$ 38,580 MXN	-
DOUBLE	\$ 58,250 MXN	\$29,125 MXN
TRIPLE	\$ 82,710 MXN	\$ 27,570 MXN

What is included per person in your retreat package:

- 6 nights of luxury accommodation
- Ayurvedic cleansing food, drinks & herbal remedies
- Daily Ayurveda Inspired Yoga classes
- Daily Ayurvedic Educational classes with *Alison Evin*
- 1x Ayurvedic Cooking Demo with *Alison Evin*
- 1x Ayurvedic Health Consultation with Alison Evin
- 1x Ayurvedic Massage *2 hours duration*
- 3 Sessions of Physical Detox: Colonic Therapy
- Temazcal Ceremony (traditional Mexican sweat lodge)
 - ◆ 15% Off on additional Spa Services or Leisure Activities.
 - ◆ VAT & HOSPITALITY TAXES INCLUDED
 - ◆ Use of pools, jacuzzi, gym, wi-fi, and parking included with accommodation.
 - ◆ As an adults-only resort, we do not accept pets or guests under age 18.

Cancelation Policies:

- ❖ For booking a room, the full amount will be charged during the reservation.
- ❖ To avoid penalization, please cancel *one month before arrival*.
- ❖ The 'No-show' is penalized with *the total of the reservation*.

3 Day Yoga and Ayurveda Luxury Retreat:



Are you ready for a seasonal cleanse that will rejuvenate your body, mind, and spirit?

Join us in the beautiful mountains of Tepoztlan, Mexico (Pueblo Magico) at La Buena Vibra Retreat Center for an immersive experience in the ancestral knowledge of Ayurveda. Choose our 3-day Detox package, which is based on the Ayurvedic Panchakarma system to cleanse and reset your body in the most holistic way.

You will be guided by Alison Evin (Certified Ayurvedic Practitioner & Coach) with daily educational classes and a personalized Ayurvedic Health Consultation to understand your body's true nature and present imbalances.

Relax and enjoy the serene nature that surrounds our center with the option to participate in yoga classes, meditations, massages, physical cleansing treatments, and more.

OCCUPANCY	PRICE	PRICE PER PERSON
SINGLE	\$ 18,430 MXN	-
DOUBLE	\$ 30,560 MXN	\$ 15,280 MXN
TRIPLE	\$ 44,290 MXN	\$ 14,765 MXN

What is included per person in your retreat package:

- 3 days, 2 nights luxury accommodation
- All food, drinks & herbal remedies for the week. (3 meals a day)
- Daily Yoga & Meditation class.
- 2 Ayurvedic Educational classes with Alison Evin.
- 1x Ayurvedic Massage or Health Consultation with Alison Evin.
- 1x Ayurvedic Cooking Class with Alison Evin.
- 1x Ayurvedic Massage *2 hours duration*
- 1x Colonic Hydrotherapy Session
- Temazcal Ceremony (traditional Mexican sweat lodge).
 - ◆ 15% Off on additional Spa Services or Leisure Activities.
 - ◆ VAT & HOSPITALITY TAXES INCLUDED
 - ◆ Use of pools, jacuzzi, gym, wi-fi, and parking included with accommodation.
 - ◆ As an adults-only resort, we do not accept pets or guests under age 18.

Cancelation Policies:

- ❖ For booking a room, the full amount will be charged during the reservation.
- ❖ To avoid penalization, please cancel *one month before arrival*.
- ❖ The 'No-show' is penalized with *the total of the reservation*.